



# Alexian Brothers Center for Mental Health

*When life is difficult,  
we can help to make it easier...*

We know how challenging life can be these days. Life stressors, family pressures and other issues can increase levels of anxiety, stress and depression. During these tough times, please know that you don't have to go through it alone.

The **Alexian Brothers Center for Mental Health** in Arlington Heights offers a **Partial Hospitalization Program** to meet an individual's needs in a community-based setting. This comprehensive, short-term program provides support for adults and older adults who may be experiencing an increase in mental health symptoms. We offer medical evaluation, intensive therapeutic groups, and family & support group meetings.

### Treatment advantages include:

- Immediate & comprehensive evaluations
- No waiting list
- Community based-non hospital setting
- Small groups allowing for intensive, individualized services
- Medication monitoring with doctor offered several times weekly

The **Partial Hospitalization Program** operates **Monday through Friday, 9:30 AM to 3:00 PM.**

3455 Salt Creek Lane  
Arlington Heights, IL 60005

For more information, visit our website at  
[www.AlexianCenter.org](http://www.AlexianCenter.org), or call us at

**847-952-7464**



What our former clients are saying about the partial hospitalization program at **Alexian Brothers Center for Mental Health:**

*"I cannot tell you how helpful and reassuring you were to me. This was very difficult – and you made it easier." -KG-*

*"I truly learned a lot, and have started some beneficial new habits." -LJ-*

*"I know I still have a lot of work to do, but I feel that I will come up on top with a bit of hard work and resilience." -CE-*

*"I really can say that I feel I have made great strides in my recovery .... it really made me aware of some of the things I need to do to help myself." -MG-*

Most major insurances accepted, including Medicare.  
Assistance with transportation provided.



**ALEXIAN**  
BROTHERS

HOSPITAL NETWORK

**A Healthy Community Begins with Alexian Brothers.**

[www.AlexianCenter.org](http://www.AlexianCenter.org)

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