

Community Respite Care Center

Are you caring for a loved one who requires your assistance due to their physical or cognitive limitations? Are there times when you need help because you have a doctor's appointment or you just need some much deserved time for yourself?

Then we have just the program for you!

Community Respite Care Center
Wednesdays from 9:00 A. M.– 1:00 P.M.
at Christus Victor Lutheran Church, Elk Grove Village

What is the Community Respite Care Center?

The respite center provides a safe place where caregivers can bring a loved one to be nourished physically, spiritually and emotionally through stimulating activities.

It allows caregivers an opportunity to get out and have some time for themselves, knowing that their loved one is being cared for in a safe environment.

The program Coordinator is a licensed social worker with over 12 years' experience working with older adults. Volunteers are caring individuals who are trained to work with physically and cognitively impaired populations.

Cost is only \$15 per visit.

Please call Sara Sondergaard at Christus Victor Lutheran Church at (847) 437-2666 and ask about the Community Respite Care Program.

