



Alexian Brothers Behavioral Health Hospital

Chemical Dependency Education for Parents

Alexian Brothers Behavioral Health Hospital is now offering a six week psychoeducational process group for parents who need help dealing with their children's substance abuse issues.

Group Objectives

- Improve communication skills
- Develop insight into the adolescent mindset
- Gain support from peers
- Develop strategies to deal with chemical dependency and other behavioral issues

Participant Requirements

- Open to parents and/or guardians of children ages 12-19

Weekly Topics

- Listening skills to improve relationships and communication
- Developmental milestones in adolescents
- Strategies to improve behavior
- Support options for parents
- Understanding how role modeling impacts children
- Family goal-setting and planning for the future



Thursdays 6:30 – 8:00 PM

Cost: \$40 per session

-Please note: Payment for the first three groups (\$120) is due at first session-

New groups starting in October 2009!

**For more information on this program,
please contact Elizabeth Spearing, LCPC, CADC at 847-278-3054.**

ACCESS & REFERRALS: We are committed to prompt attention. Please call us at 800-432-5005.



ALEXIAN
BROTHERS

HOSPITAL NETWORK

A Healthy Community Begins with Alexian Brothers.

www.abbhh.org

© 2009 Alexian Brothers Health System