



Alexian Brothers Parish Services

Grief Support

Facilitated by:
Alexian Brothers
Parish Services

25 E Schaumburg Road, Suite 106
Schaumburg IL 60194
1-847-981-3514
parishservices@alexian.net

Alexian Brothers Parish Services carries out the healing mission of the Catholic Church as an Alexian Brothers ministry by identifying and developing effective responses to the health needs of those we are called to serve.

JOURNEY THROUGH GRIEF

This six-week course will explore the tasks of grief, provide the opportunity to share experiences with others who have lost a loved one, and learn how to cope with loss. Each session will provide both the support of other people and education about this journey.

Option 1: Daytime: Tuesdays, 9:30 – 11 a.m.
Dates: Oct 18, 25, Nov 1, 8, 15, 22
Location: Alexian Brothers Parish Services Office
25 E Schaumburg Road, Suite 106
Schaumburg IL 60194

Option 2: Evening: Thursdays, 7 – 8:30 p.m.
Dates: Sep 15, 22, 29, Oct 6, 13, 20
Location: Alexian Brothers Parish Services Office
25 E Schaumburg Road, Suite 106
Schaumburg IL 60194

Option 2: Evening: Thursdays, 7 – 8:30 p.m.
Dates: Nov 3, 10, 17, Dec 1, 8, 15
Location: Alexian Brothers Parish Services Office
25 E Schaumburg Road, Suite 106
Schaumburg IL 60194

Cost: There is NO FEE to attend

Registration is required: Please register by Friday before session

To Register: 1-866-253-9426 or
www.alexianbrothershealth.org/alexianconnects

For more information contact us at:

1-847-981-3514 or parishservices@alexian.net

OR

ABMC's Grief Support at 1-847-952-7376



ALEXIAN
BROTHERS

HEALTH SYSTEM

A Healthy Community Begins with Alexian Brothers.

www.AlexianBrothersHealth.org/ParishServices