



Alexian Brothers Health System

AUTISM SPECTRUM AND DEVELOPMENTAL DISORDERS RESOURCE CENTER

Individuals within the autistic spectrum of developmental disorders often face a variety of unique mental health challenges throughout their lifetime. It can be confusing for parents and families to know how to locate the essential services, or even how to identify the services that their child, adolescent, or young adult needs.

The **Autism Spectrum and Developmental Disorders Resource Center** can assist families through this confusing and sometimes frustrating process. Our expert *Clinical Navigator* of the Resource Center works with individuals and families to help assess their needs, and facilitate a triage of those vital services.



Resource Center Services

- Screening and Assessment
– Phone, e-mail or face-to-face
- Brief counseling
- Access to educational resources such as books and DVDs, and access to internet resources
- Advocacy

Collaborating Services

- Developmental Pediatrics
- Psychiatry
- Neuropsychology
- Neurology
- Community Resources

Families may then be directed to either services within the Alexian Brothers Health System, or they may be referred to services in the community.



Brianne Lukowski, Psy.D., Clinical Navigator

Dr. Lukowski has been working with emotionally challenged children and adolescents since 1995. Her work includes treatment of children and adolescents in both inpatient and partial hospitalization environments. Dr. Lukowski has had training in Applied Behavior Analysis, behavior modification, case management, cognitive behavior therapy with children and adolescents and substantial training in family, group and play therapy. Her clinical training and experience includes psychological assessment, individual, play and family therapy for children and adolescents. In 2009, Dr. Lukowski received a Doctorate of Clinical Psychology from Argosy University, and she also received her Master's Degree in Clinical Psychology from the same university in 2006.

We are committed to prompt attention.

Please call Dr. Lukowski at **847-755-8536** to schedule.



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A Healthy Community Begins with Alexian Brothers.

www.alexian-neurosciences.org

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