

The Alexian Brothers Resource Center for Seniors

A Source of Information, Advice, and Support for Older Patients and Their Families

The Center is a single, easily accessible place to contact for expert guidance. Free of charge, it provides consultation with a professional in the field of aging to assist with problem solving and identification of resources.

Sometimes all that's needed is help in locating the appropriate resources. In other cases, multiple problems make it difficult to know where to begin. And finding the right solutions amid a maze of services and agencies can be confusing and frustrating.

The Resource Center is the focal point for accessing services and programs for older adults within the Alexian Brothers Hospital Network and in the community.

We are glad to conduct phone interviews or make an appointment to meet with you in person at one of our offices.

Just a few reasons to contact the Resource Center include wanting to locate information on adult day centers, medication discount programs or wondering what to do about an older relative who is getting forgetful.

**~Alexian Brothers Medical Center
Phone: (847) 956-5465
~St. Alexius Medical Center
Phone: (847) 839-6481**

Other Frequently Asked Questions:

- Where do I go to hire in-home help?
- How do I find local transportation?
- Is there help and support for me as a family caregiver?
- Where can I find understandable information on my health issues?
- Where can I go to volunteer my time?
- Whom can I turn to for help with emotional and psychological issues?
- How do I deal with all of my medical bill paperwork?
- Where do I get information on powers of attorney forms?
- How do I pay for my prescriptions?
- What types of housing are available?
- Where can I attend an educational program?
- How do I choose a Medicare Supplement?
- How do I know if I can still safely drive?
- Where can I go for Physical, Occupational, and/or Speech Therapy? How do I make an appointment?
- Where can I get a personal emergency system?
- What is Medicare Part D?

For assistance with these questions or others, contact us! We are glad to help!

