



Alexian Brothers Behavioral Health Hospital

ADOLESCENT PARTIAL HOSPITALIZATION PROGRAM

Adolescence can be a time of rapid change – both physically and emotionally. At times our kids struggle with change, and often become rebellious. It is during these times that they deal with symptoms of depression and anxiety, or may start to use illicit drugs and alcohol in order to manage.

The **Adolescent Partial Hospitalization Program** offers an active treatment solution for adolescents and their families. We provide an evidence-based therapeutic environment as **an alternative to hospitalization**. Additionally, we offer flexibility in our programs to deal with a very wide range of conditions.

How it works:

- Serves adolescents, ages 11-18
- Monday through Friday, 8:45 AM to 2:45 PM
- 2-3 weeks length of stay (average)

We offer:

- Family-centered, highly intensive and structured skills-oriented group therapy
- Case management for family therapy and coordination of after care services
- Weekly meetings with psychiatrist
- Coordination of educational needs with home school for enhanced performance
- Parent Support Group and Multi-Family Group



Our Program Staff Experts:

Donna Woods, MD

Child & Adolescent Psychiatrist
Medical Director

Clifton Saper, Ph.D.

Executive Director,
Intensive Outpatient Programs

Cecelia Horan, Psy.D

Clinical Director, Outpatient
Child and Adolescent Services

Most insurance plans are accepted

**Alexian Brothers Behavioral Health Hospital
1650 Moon Lake Blvd.
Hoffman Estates, IL 60169**

To Schedule Screening Consultation, please call: 800-432-5005



**ALEXIAN
BROTHERS**
HOSPITAL NETWORK

A Healthy Community Begins with Alexian Brothers.

www.abbhh.org

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