



Alexian Brothers Behavioral Health Hospital

Center for Addiction Medicine **OUTPATIENT DETOX PROGRAM**

Receiving treatment for addiction does not have to interrupt one's life.

Alexian Brothers Behavioral Health Hospital now offers an **Outpatient Detox Program** that helps individuals start their journey to recovery without limiting life's daily activities and responsibilities.

Outpatient Detox is an affordable, cost-effective, medical treatment program that has been carefully developed to safely detoxify individuals from alcohol and drugs without the need for a hospital admission. Program participants are under the care of a physician/addictionologist, as well as a clinical team of nurses, and certified chemical dependency counselors and therapists, who work together to assure that the most appropriate individualized care is delivered to each person.

Services are provided Monday through Saturday including:

- ✓ Psychiatric Evaluation
- ✓ Addictive Behavior Assessment
- ✓ Medical History
- ✓ Daily Vitals
- ✓ Treatment Planning
- ✓ Access to emergency medical care (if indicated)
- ✓ Partial Hospitalization or Intensive Outpatient (if indicated)
- ✓ Referral for outpatient therapy



Program participants have daily progress assessments to determine further needs and course of action. It is the participant's responsibility to:

- ✓ Meet daily with the nurse for vital signs, monitoring of withdrawal signs/symptoms, and medication management
- ✓ Participate in educational opportunities to gain understanding of the signs/symptoms of withdrawal, the disease of addiction, and how it has impacted all life areas
- ✓ Participate in discharge planning and discharge assessment to determine further treatment needs

***If you or someone you know struggles with addiction,
there is always a way to help.***

***For more information on the Outpatient Detox Program,
please call **847-755-8085** now to speak with a caring professional.***



ALEXIAN
BROTHERS

HOSPITAL NETWORK

A Healthy Community Begins with Alexian Brothers.

www.abbhh.org

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