

## Twelve Step and Self Help

<b>Adult Children of Alcoholics</b>	<b>ACA</b>	<b>310-534-1815</b> <a href="http://www.adultchildren.org">www.adultchildren.org</a>
<b>Alanon/Alateen</b>		<b>888-425-2666</b> <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a>
<b>Alcoholics Anonymous</b>	<b>AA</b>	<b>800-371-1475</b> <a href="http://www.aa.org">www.aa.org</a>
<b>Anorexia Nervosa &amp; Associated Disorders</b>	<b>ANAD</b>	<b>847-831-3438</b> <a href="http://www.anad.org">www.anad.org</a>
<b>Cocaine Anonymous</b>	<b>CA</b>	<b>773-202-8898</b> <a href="http://www.ca.org">www.ca.org</a>
<b>Co-Dependents Anonymous</b>	<b>CoDA</b>	<b>630-415-3220</b> <a href="http://www.codependents.org">www.codependents.org</a>
<b>Crystal Meth Anonymous</b>	<b>CMA</b>	<b>213-488-4455</b> <a href="http://www.crystalmeth.org">www.crystalmeth.org</a>
<b>Debtors Anonymous</b>	<b>DA</b>	<b>773-274-3328</b> <a href="http://www.debtorsanonymous.org">www.debtorsanonymous.org</a> <b>800-826-3632</b>
<b>Depression &amp; Bipolar Support Alliance</b>	<b>DBSA</b>	<b>312-642-0049</b> <a href="http://www.dbsalliance.org">www.dbsalliance.org</a>
<b>Dual Diagnosis Anonymous</b>	<b>DDA</b>	<b>800-359-1216</b> <a href="http://www.ddaworldwide.org">www.ddaworldwide.org</a>
<b>Dual Recovery Anonymous</b>	<b>DRA</b>	<b>877-883-2332</b> <a href="http://www.draonline.org">www.draonline.org</a>
<b>Emotions Anonymous</b>	<b>EA</b>	<b>708-383-0200</b> <a href="http://www.emotionsanonymous.org">www.emotionsanonymous.org</a>
<b>Families Anonymous</b>	<b>FA</b>	<b>773-777-4442</b> <a href="http://www.familiesanonymous.org">www.familiesanonymous.org</a>
<b>Gamblers Anonymous</b>	<b>GA</b>	<b>312-346-1588</b> <a href="http://www.gamblersanonymous.org">www.gamblersanonymous.org</a>
<b>Narcotics Anonymous</b>	<b>NA</b>	<b>708-848-4884</b> <a href="http://www.na.org">www.na.org</a>
<b>National Alliance for Mentally Ill</b>	<b>NAMI</b>	<b>800-346-4572</b> <a href="http://www.nami.org">www.nami.org</a>
<b>Pills Anonymous</b>	<b>PA</b>	<b>212-874-0700</b> <a href="http://www.pillsanonymous.com">www.pillsanonymous.com</a>
<b>Sexaholics Anonymous</b>	<b>SA</b>	<b>630-415-0341</b> <a href="http://www.sa.org">www.sa.org</a>
<b>S-Anon</b> (for spouses of those with sex or love addictions)	<b>S-Anon</b>	<b>800-210-8141</b> <a href="http://www.sanon.org">www.sanon.org</a>
<b>Survivor of Incest Anonymous</b>	<b>SIA</b>	<b>410-893-3322</b> <a href="http://www.siawso.org">www.siawso.org</a>
<b>Workaholics Anonymous</b>	<b>WA</b>	<b>312-409-0596</b> <a href="http://www.workaholics-anonymous.org">www.workaholics-anonymous.org</a>

This list is prepared for informational purposes only and does not constitute an endorsement of any program. In addition it may not contain all available group/program information. Please contact individual programs for information. (7-27-06)

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